



THE CIRCLE NEWS

VOLUME 1, ISSUE 15 – JULY, AUGUST, SEPTEMBER 2025

Dear Circle Members,

I hope this newsletter finds you well! I wanted to take a moment to share a few important updates and reminders with you.

Beginning this quarter, we will start uploading The Circle Newsletter and event calendar to the Northern Louisiana Medical Center website (www.northernlouisianamedicalcenter.com) on the week before the beginning of the new quarter. This will make it easier for you to access the information anytime. You are welcome to print a copy for your convenience, but if you would prefer to continue receiving a printed version by mail, please do not hesitate to call or email my office and let me know—I will be happy to make sure you receive one. My office number is (318) 254-7515 and email is Brandi.Johnson@ahmgt.com. If you leave a voicemail or send an email, please be sure to include your name and correct mailing address so I can make sure it gets to you.

I am excited to announce that our Bus Trip to Savannah is officially full! Thank you to everyone who signed up—we are looking forward to a wonderful adventure together. Also, be sure to mark your calendar for our Circle Anniversary Party on September 11th—it will be a fun and memorable celebration!

Please remember to RSVP for the Circle events you plan to attend. This helps us prepare properly and ensure the best experience for everyone.

Also, don't forget that we have two amazing cruise opportunities scheduled for next year—Alaska and the Greek Isles. These trips are available for anyone (not just Circle members) to take advantage of, and we encourage you to explore the details if you are interested in traveling on one or both of these unforgettable journeys. If you would like more details, please call or email my office and I will mail you the information packets.

Thank you for being such a valued part of The Circle. Your friendship and involvement is what make this group so special and meaningful to me.

Warmly,
Brandi Johnson, Circle Advisor



BLOOD DRIVE DATES
September 10th



Volunteers Needed!

Are you looking for a meaningful way to give back to your community? The Auxiliary at NLMC are looking for volunteers to help assist our staff, visitors, and patients. If you would like more information, feel free to call my office.

(318) 254-7515

Northern Louisiana Medical Center Outpatient Wound Care

NLMC Center for Wound Healing specializes in outpatient wound center dedicated to the care of patients with wounds. Non-healing wounds may be a result of pressure, trauma or infection. Sometimes, the simplest of wounds can turn into a significant problem due to underlying conditions, such as diabetes, circulation problems or previous radiation treatment. Our team of experienced wound care specialists will assess your symptoms, determine the underlying cause of your non-healing wound and customize the most effective treatment plan to stimulate healing. Healing wounds is our specialty. Even the most difficult wounds that have not responded to other treatments may see improvement at our center.

Our multidisciplinary approach to advanced wound care may include:

- **Diagnostic testing (may include vascular testing, blood tests, x-rays)**
- **Specialized dressings. We can order and have shipped to the patient's home.**
- **Infection control**
- **Patient education**
- **Debridement (removal of dead or infected tissue)**
- **Cellular, acellular and matrix-like products (CAMPs) (skin substitutes)**
- **Pressure-relieving devices**
- **Nutritional evaluation**
- **Hyperbaric oxygen (HBO2) therapy**

No referral necessary. Call 318-255-6946 to schedule your appointment.



Northern Louisiana
Medical Center

*The
Circle*



★ ★ ★ ★ ★ ★ ★ ★ ★ ★
18TH ANNUAL
*Anniversary
Party*

**SEPTEMBER 11TH
10 AM - 1 PM**

RUSTON CIVIC CENTER

401 NORTH TRENTON STREET, RUSTON

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

- ★ ACTIVITY BOOTHS
- ★ LUNCH PROVIDED BY L&L'S
CATERING
- ★ ENTERTAINMENT PROVIDED
BY "HOME GROWN BAND"
- ★ LOTS & LOTS OF DOOR
PRIZES

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

\$5 ENTRY FEE

RESERVE YOUR SPOT TODAY BY
CALLING (318) 254-7515



JULY 2025

Please RSVP to activities you plan to attend! 254-7515

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	2 Book Exchange NLMC Gift Shop 9:00 -11:00 am	3 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	4 happy 4th of JULY!	5
6 	7 	8 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	9 Book Exchange NLMC Gift Shop 9:00 -11:00 am	10 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	11 Super Bingo!! 2pm NLMC Cafeteria Refreshments & Lots of Prizes	12 
13 	14 Super Pokemo!! 2PM NLMC Cafeteria Refreshments & Lots of Prizes	15 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	16 Book Exchange NLMC Gift Shop 9:00 -11:00 am	17 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	18 Outing to Celebrity Theater! Theater Manager's Choice & Viewing Time	19 
20 	21 	22 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	23 Book Exchange NLMC Gift Shop 9:00 -11:00 am	24 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	25 Health Talk: Dr. Kevin Bunn Topic: Direct Anterior Hip Replacements 11:30AM NLMC Cafeteria	26 
27 	28 	29 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	30 Book Exchange NLMC Gift Shop 9:00 -11:00 am	31 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA		



AUGUST 2025


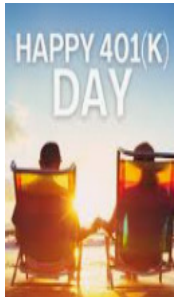

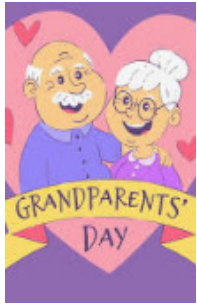
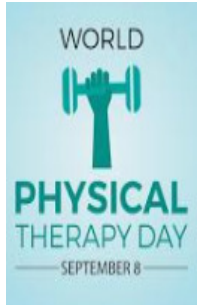

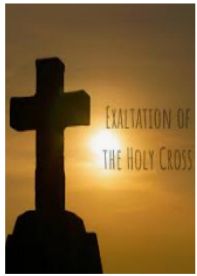






Please RSVP to activities you plan to attend! 254-7515

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div>  <div>Homemade Pie Day</div>	<div>2</div> 
<div>3</div> 	<div>4</div> 	<div>5</div> 	<div>6</div> <div>Book Exchange</div> NLMC Gift Shop 9:00 -11:00 am	<div>7</div>  <div>Bienville Medical Center Lunch & Learn 10AM-12:30PM</div>	<div>8</div> 	<div>9</div> 
<div>10</div> 	<div>11</div> <div>Super Pokemo!!</div> 2PM NLMC Cafeteria Refreshments & Lots of Prizes	<div>12</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>13</div> <div>Book Exchange</div> NLMC Gift Shop 9:00 -11:00 am	<div>14</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>15</div> <div>Outing to Celebrity Theater!</div> Theater Manager's Choice & Viewing Time	<div>16</div> 
<div>17</div> 	<div>18</div> 	<div>19</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>20</div> <div>Book Exchange</div> NLMC Gift Shop 9:00 -11:00 am	<div>21</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>22</div> <div>Health Talk: Melinda Cooksey</div> Topic: Leading Home Care 11:30AM NLMC Cafeteria	<div>23</div> 
<div>24</div> 	<div>25</div> 	<div>26</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>27</div> <div>Book Exchange</div> NLMC Gift Shop 9:00 -11:00 am	<div>28</div> <div>CIRCLE EXERCISE CLASS</div> 10AM NLMC CAFETERIA	<div>29</div> 	<div>30</div> 
<div>31</div> 						



SEPTEMBER 2025

Please RSVP to activities you plan to attend! 254-7515

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	3 Book Exchange NLMC Gift Shop 9:00-11:00 AM	4 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	5 	6 
7 	8 	9 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	10 Book Exchange NLMC Gift Shop 9:00 - 11:00 am BLOOD DRIVE 1PM - 5PM	11 CIRCLE ANNIVERSARY PARTY Ruston Civic Center 10AM - 1PM	12 Super Bingo!! 2pm NLMC Cafeteria Refreshments & Lots of Prizes	13 
14 	15 Super Pokeno!! 2PM NLMC Cafeteria Refreshments & Lots of Prizes	16 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	17 Russ Place Hamburger Cookout -Trustwell Living @ Russ Place -11:30am Bring a friend!	18 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	19 Outing to Celebrity Theater! Theater Manager's Choice & Viewing Time	20 
21 	22 	23 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	24 Book Exchange NLMC Gift Shop 9:00 - 11:00 am	25 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	26 Health Talk: Audrey Trisler Topic: Local Fraud & Scams 11:30AM NLMC Audubon Room	27 
28 	29 	30 CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	