



APRIL 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|---|------------------|
| <p>PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND! 318-254-7515</p> | | | <p>1 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>2 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>3  OFFICE CLOSED</p> | <p>4</p> |
| <p>5 </p> | <p>6</p> | <p>7 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>8 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>9 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>10  2PM* NLMC CAFETERIA</p> | <p>11</p> |
| <p>12</p> | <p>13  POKENO 2PM NLMC CAFETERIA</p> | <p>14 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>15 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>16 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>17  PAINTING CLASS 10AM-NLMC CAFETERIA</p> | <p>18</p> |
| <p>19</p> | <p>20 MOVIE OUTING CELEBRITY THEATER </p> | <p>21 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>22 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>23 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>24 HEALTH TALK WITH SUSAN MARKLE, INPATIENT REHAB 11AM - NLMC CAFETERIA</p> | <p>25</p> |
| <p>26</p> | <p>27</p> | <p>28 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>29 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>30 EXCERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>GOOD NEWS! OUTING TO THE MOVIES - VIEWER'S CHOICE IS BACK!</p> <ul style="list-style-type: none"> You must call the office to reserve a seat and you cannot reserve a seat for a friend unless you are the member's caregiver. We will meet as a group at 11:15 on movie day. The movies start around 11:30 - you must see a first showing. If you do not RSVP before the movie, you will not have a pass to enter but you can pay \$6 at the box office. | |



MAY 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|--|----------|
| | | | | | 1 | 2 |
| <p>PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND! 318-254-7515</p> | | <p>GOOD NEWS! OUTING TO THE MOVIES - VIEWER'S CHOICE IS BACK!</p> <ul style="list-style-type: none"> You must call the office to reserve a seat and you cannot reserve a seat for a friend unless you are the member's caregiver. We will meet as a group at 11:15 on movie day. The movies start around 11:30 - you must see a first showing. If you do not RSVP before the movie, you will not have a pass to enter but you can pay \$6 at the box office. | | | | |
| 3 | <p>4</p> <p>FLORAL ARRANGEMENT WORKSHOP 2PM - NLMC CAFETERIA</p>  <p>BRING YOUR OWN VASE</p> | <p>5</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>6</p> <p>BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>7</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>8</p>  <p>2PM NLMC CAFETERIA</p> | 9 |
| 10 | <p>11</p>  <p>POKENO 2PM NLMC CAFETERIA</p> | <p>12</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>13</p> <p>BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>14</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | 15 | 16 |
| 17 | <p>18</p> <p>MOVIE OUTING CELEBRITY THEATER</p>  | <p>19</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>20</p> <p>BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>21</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | 22 | 23 |
| 24 | <p>25</p>  <p>MEMORIAL DAY</p> | <p>26</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>27</p> <p>BOOK EXCHANGE 9-11AM NLMC GIFT SHOP <i>TAKE A BOOK, LEAVE A BOOK</i></p> | <p>28</p> <p>EXERCISE CLASS 10AM NLMC CAFETERIA</p> | <p>29</p> <p>HEALTH TALK WITH HOLLY JOINER, BEHAVIORAL MEDICINE 11AM - NLMC CAFETERIA</p> | 30 |



JUNE 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|---|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND! 318-254-7515 | | EXERCISE CLASS 10AM NLMC CAFETERIA | BOOK EXCHANGE 9-11AM NLMC GIFT SHOP TAKE A BOOK, LEAVE A BOOK | EXERCISE CLASS 10AM NLMC CAFETERIA | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | SUN CATCHER CRAFTING 2PM NLMC CAFETERIA | EXERCISE CLASS 10AM NLMC CAFETERIA | BOOK EXCHANGE 9-11AM NLMC GIFT SHOP TAKE A BOOK, LEAVE A BOOK | EXERCISE CLASS 10AM NLMC CAFETERIA |  2PM NLMC CAFETERIA | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| |  POKENO 2PM NLMC CAFETERIA | EXERCISE CLASS 10AM NLMC CAFETERIA | BOOK EXCHANGE 9-11AM NLMC GIFT SHOP TAKE A BOOK, LEAVE A BOOK | EXERCISE CLASS 10AM NLMC CAFETERIA | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | MOVIE OUTING CELEBRITY THEATER  | EXERCISE CLASS 10AM NLMC CAFETERIA | BOOK EXCHANGE 9-11AM NLMC GIFT SHOP TAKE A BOOK, LEAVE A BOOK | EXERCISE CLASS 10AM NLMC CAFETERIA | HEALTH TALK WITH DR. CHABBO, INTERVENTIONAL CARDIOLOGY 11AM - NLMC CAFETERIA | |
| 28 | 29 | 30 | <p><u>GOOD NEWS! OUTING TO THE MOVIES - VIEWER'S CHOICE IS BACK!</u></p> <ul style="list-style-type: none"> You must call the office to reserve a seat and you cannot reserve a seat for a friend unless you are the member's caregiver. We will meet as a group at 11:15 on movie day. The movies start around 11:30 - you must see a first showing. If you do not RSVP before the movie, you will not have a pass to enter but you can pay \$6 at the box office. | | | |
| | | EXERCISE CLASS 10AM NLMC CAFETERIA | | | | |