



# July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND!</b> 318-254-7515</p>			<p><b>1</b>  <b>BOOK EXCHANGE</b>            9-11AM            NLMC  <b>GIFT SHOP</b>            TAKE A BOOK,            LEAVE A BOOK</p>	<p><b>2</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>3</b>  <b>OFFICE CLOSED</b></p>	<p><b>4</b>    <b>HAPPY 4th of July</b></p>
<p><b>5</b></p>	<p><b>6</b></p>	<p><b>7</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>8</b>  <b>BOOK EXCHANGE</b>            9-11AM            NLMC  <b>GIFT SHOP</b>            TAKE A BOOK,            LEAVE A BOOK</p>	<p><b>9</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>10</b>    <b>2PM</b>            NLMC  <b>CAFETERIA</b></p>	<p><b>11</b></p>
<p><b>12</b></p>	<p><b>13</b>    <b>POKENO</b>  <b>2PM</b>            NLMC  <b>CAFETERIA</b></p>	<p><b>14</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>15</b>  <b>BOOK EXCHANGE</b>            9-11AM            NLMC  <b>GIFT SHOP</b>            TAKE A BOOK,            LEAVE A BOOK</p>	<p><b>16</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>17</b></p>	<p><b>18</b></p>
<p><b>19</b></p>	<p><b>20</b>  <b>MOVIE OUTING</b>  <b>CELEBRITY THEATER</b>  <b>11:15 AM</b>  </p>	<p><b>21</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>22</b>  <b>BOOK EXCHANGE</b>            9-11AM            NLMC  <b>GIFT SHOP</b>            TAKE A BOOK,            LEAVE A BOOK</p>	<p><b>23</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>24</b>    <b>REGIONS BANK - FINANCIAL WELLNESS WORKSHOP</b>  <b>10AM - NLMC CAFETERIA</b></p>	<p><b>25</b></p>
<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b>  <b>EXCERCISE CLASS</b>            10AM            NLMC  <b>CAFETERIA</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b>  <b>HEALTH TALK WITH ST. FRANCIS HOME HEALTH</b>  <b>11AM - NLMC CAFETERIA</b></p>	



# AUGUST

# 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="background-color: #4a7ebb; color: white; padding: 10px; border-radius: 15px; text-align: center;"> <p><b>PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND!</b> 318-254-7515</p> </div>						1
2	3	4 EXCERCISE CLASS 10AM NLMC CAFETERIA	5 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP  TAKE A BOOK, LEAVE A BOOK	6 EXCERCISE CLASS 10AM NLMC CAFETERIA	7 MANICURES WITH ST. FRANCIS HOME HEALTH 10AM - NLMC CAFETERIA 	8
9	10	11 EXCERCISE CLASS 10AM NLMC CAFETERIA	12 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP  TAKE A BOOK, LEAVE A BOOK	13 EXCERCISE CLASS 10AM NLMC CAFETERIA	14  2PM NLMC CAFETERIA	15
16	17  POKENO 2PM NLMC CAFETERIA	18 EXCERCISE CLASS 10AM NLMC CAFETERIA	19 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP  TAKE A BOOK, LEAVE A BOOK	20 EXCERCISE CLASS 10AM NLMC CAFETERIA	21	22
23	24 MOVIE OUTING CELEBRITY THEATER 11:15 AM 	25 EXCERCISE CLASS 10AM NLMC CAFETERIA	26 BOOK EXCHANGE 9-11AM NLMC GIFT SHOP  TAKE A BOOK, LEAVE A BOOK	27 EXCERCISE CLASS 10AM NLMC CAFETERIA	28 HEALTH TALK WITH ALLEGIANCE HOME HEALTH 11AM - NLMC CAFETERIA	29
30	31					



# September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3	4	5	
<p>PLEASE RSVP TO ACTIVITIES YOU PLAN TO ATTEND! 318-254-7515</p>		<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>BOOK EXCHANGE</b> 9-11AM NLMC <b>GIFT SHOP</b> <i>TAKE A BOOK, LEAVE A BOOK</i></p>	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>FLORAL ARRANGEMENT MAKING</b> 11AM NLMC CAFETERIA</p> 		
6	 <b>Labor Day</b>  <b>OFFICE CLOSED</b>	7	8	9	10	11	12
		<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>BOOK EXCHANGE</b> 9-11AM NLMC <b>GIFT SHOP</b> <i>TAKE A BOOK, LEAVE A BOOK</i></p>	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	  <b>2PM*</b> NLMC CAFETERIA		
13	14	15	16	17	18	19	
<p><b>HAPPY GRAND PARENTS DAY</b></p>	 <b>POKENO</b> 2PM NLMC CAFETERIA	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>BOOK EXCHANGE</b> 9-11AM NLMC <b>GIFT SHOP</b> <i>TAKE A BOOK, LEAVE A BOOK</i></p>	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>			
20	21	22	23	24	25	26	
	<p><b>MOVIE OUTING CELEBRITY THEATER</b> 11:15AM</p> 	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>BOOK EXCHANGE</b> 9-11AM NLMC <b>GIFT SHOP</b> <i>TAKE A BOOK, LEAVE A BOOK</i></p>	<p><b>EXCERCISE CLASS</b> 10AM NLMC CAFETERIA</p>	<p><b>HEALTH TALK WITH ENDOSCOPY</b> 11AM - NLMC CAFETERIA</p>		
27	28	29	30				